

UPSR

BAHASA INGGERIS

PRAKTIS RAMALAN PEMAHAMAN & PENULISAN

MENGIKUT SUKATAN
LEMBAGA PEPERIKSAAN MALAYSIA

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PEMAHAMAN**SECTION A [20 marks]**

Choose the **best** answer to complete the sentence.

- 1 My sister is very good _____ Science.
 A in B at C on D with
- 2 There is _____ university in Bangi which is situated near Kajang.
 A – B a C an D the
- 3 "Please help _____ to the drinks," Mrs Anita told the guests.
 A herself B ourselves C themselves D yourselves
- 4 The boy _____ grandfather passed away yesterday does not come to school today.
 A who B which C whose D whom
- 5 Mat Jenin could climb the coconut tree easily. He was _____.
 A as fit as a fiddle C as brave as a lion
 B as blind as a bat D as agile as a monkey

Choose the most suitable **proverb**.

- 6 We always think that other people's life is better than ours. As the saying goes _____
 A honesty is the best policy
 B where there is a will, there is a way
 C do not cross the bridge until you come to it
 D the grass is always greener on the other side of the fence

Questions 7 – 9

Choose the **best** answer for each blank.

Serena and Adam are in the kitchen. She is 7 some potatoes with a knife. Adam is washing some vegetables 8 the kitchen sink. Mother is cooking. She is adding some coconut milk 9 the chicken curry.

- 7 A eating
 B peeling
 C buying
 D weighing

- 8 A in
 B on
 C near
 D under

- 9 A in
 B to
 C on
 D by

Choose the word that has the **opposite meaning** as the underlined word.

10 Su Ling discarded all the old and spoilt plastic wares and _____ the good ones in the cabinet.

- A hid
 B kept
 C threw
 D disposed

Choose the sentence with the correct punctuation.

- 11 A My sister screamed, "There's a frog under the table?"
 B My sister screamed, "Theres a frog under the table!"
 C My sister screamed "There's a frog under the table"
 D My sister screamed, "There's a frog under the table!,"

Questions 12 – 15

Look at the picture and choose the best answer.



I was on my way home when I _____ 12 _____ an accident. A _____ 13 _____ was knocked down by a car. The injured man _____ 14 _____ down on the road. The driver of the car called for an ambulance on his smartphone. A crowd _____ 15 _____ at the scene of the accident.

- | | | | |
|--------------|----------------|--------------|--------------|
| 12. A saw | 13. A student | 14. A lay | 15. A stood |
| B seen | B woman | B lying | B looked |
| C had seen | C pedestrian | C was lying | C gathered |
| D was seeing | D motorcyclist | D were lying | D surrounded |

Questions 16 and 17

Read the passage below and answer the questions that follow.

Tabitha and her best friend, Nora, went jogging at the park last Saturday morning. As they jogged, they smiled and waved at many people along the way. Many people were doing their exercise there. Some parents were with their children at the park.

Suddenly, there was a loud crash. Tabitha and Nora **halted** immediately. They turned to see where the sound came from. Then they saw a motorcycle speeding off. It was a hit-and-run accident. Not far from where they were, a little boy was lying on the ground. He was unconscious and bleeding.

One of the men in the park rushed to get his car. Two other men helped to carry the boy into the car. They quickly sent the boy to the hospital. Soon after, the police came to the park. Tabitha and Nora told the police about what had happened.

16. The word '**halted**' can best be replaced by _____.

- A stopped
- B hurried
- C rushed
- D sped

17. They smiled and waved at many people along the way.

This shows that Tabitha and Nora are _____.

- A shy
- B proud
- C friendly
- D arrogant

Questions 18 to 20

Read the diary below carefully and answer the questions that follow.

This is a page from Joshua's diary.

FRIDAY

Wonderful Family Day

- 8:00 a.m. Fourth day at camp. Crawled out of the tent and made my way to the waterfall to wash. The water was very cold and refreshing.
- 9:00 a.m. Returned to camp for breakfast, had a slice of bread with ham, some cakes, two hard-boiled eggs and a cup of coffee. My brother and I caught a few butterflies. Saw a rare one – ran after it eagerly.
- 10:00 a.m. Tripped over a stone and fell into a puddle of water. Grazed my knees a bit. Butterfly escaped.
- 11:00 a.m. Went birdwatching with my brother. Nearly got lost but managed to find the trail back to camp.
- 12:00 noon Lunchtime. Mother opened lots of canned food to cook – baked beans, chicken curry, sardines, etc. So famished that we finished everything.
- 1:00 p.m. Cleaning and washing up. Father collected more twigs and firewood for campfire later at night. Played some games and bathed in the waterfall.

- 18. The family camped _____.
 - A in a field
 - B beside a lake
 - C beside a river
 - D near a waterfall

- 19. The word 'famished' can best be replaced with _____.
 - A very tired
 - B very happy
 - C very hungry
 - D very satisfied

- 20. From the diary, we know that _____.
 - A Joshua slept in the open air
 - B they ate canned food for lunch
 - C Joshua caught the rare butterfly
 - D Joshua's brother fell and grazed his knees

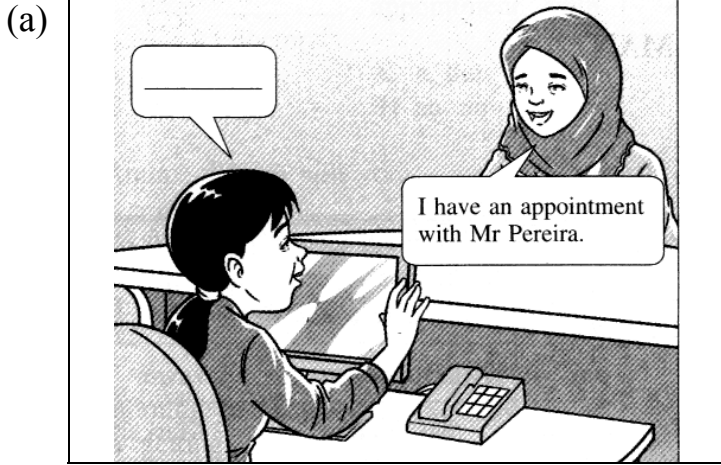
SECTION B

[30 marks]

Question 21

Based on the given pictures, give the correct answers in full sentences.

Write your answer in the space provided.



Answer

[2 marks]



Answer

[2 marks]



Answer

[2 marks]

Question 22

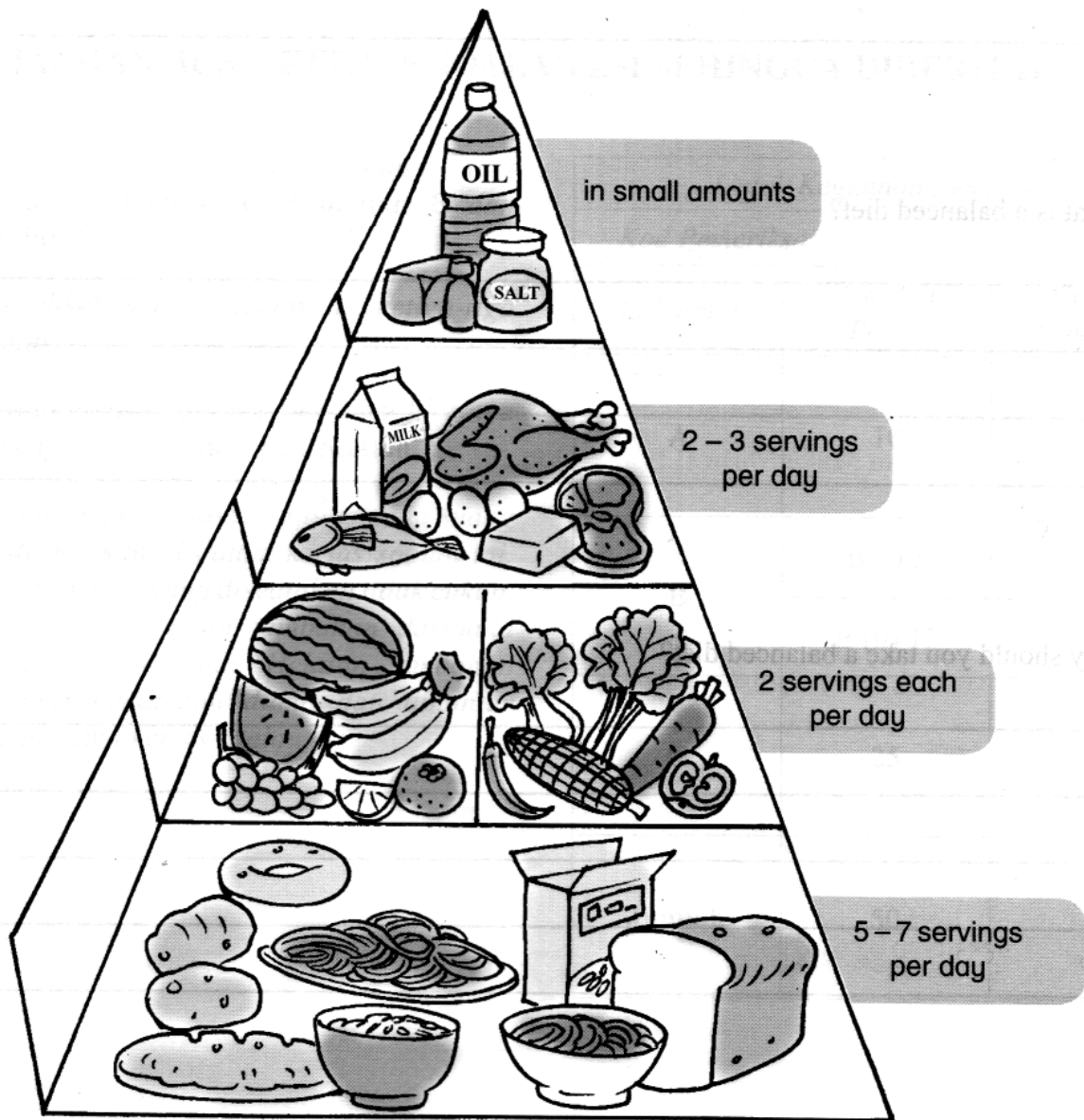
Read the passage below and answer the questions that follow.

Having a balanced diet is important for your health. A balanced diet contains the right food in the correct proportions.

A food pyramid can guide you to have a balanced diet. Eating food in the right proportions as shown in the food pyramid can help you to have a healthy body.

Your diet should consist mainly of cereals, vegetables and fruits. Fish is good for the body so eat more of it. Dairy products and carbohydrates should be taken in moderate proportions. Although milk is good for the body, it is better to drink low fat milk. Reduce the intake of food that contains too much fat as it is bad for the heart. Fat will make you put on weight too. Cut down on fast food and meat as they contain too much cholesterol.

By taking a balanced diet, you will be healthy because your body will get the right amount of vitamins, minerals and energy-giving nutrients.



Write **True** or **False** in the space provided.

(a) Having a balanced diet is important for your health.....

(b) It is good to eat fish.....

[2 marks]

Write your answer in the space provided.

(c) Give **one** reason why you should not take too much fat.

[2 marks]

(d) What is a balanced diet?

[2 marks]

(e) Why should you take a balanced diet?

[2 marks]

Question 23

Read the notice below and answer the questions that follow.

**Taman Desa Cahaya
Children's Day Celebration**

5 November (Saturday)

In conjunction with Children's Day, the Taman Desa Cahaya Area Committee would like to invite children living in the area to participate in the following activities to be held at Sekolah Kebangsaan Taman Desa Cahaya:



Traditional Games Tournament

- Age: 10 -12 years
- Theme: Our Malaysian Inheritance
- Venue: School field
- Time: 8.00 am – 10.00 am
- A trolley schoolbag and RM200.00 for the winners of each of these games: Congkak, Batu Seremban, Top Spinning, Kite Flying



Singing Competition

- Age: 7 - 9 years
- Theme: Children of the World
- Venue: School hall
- Time: 10.30 am – 12.30 pm
- Grand prize winner: Hamper & RM200.00



Handicraft Design Contest

- Age: 13 -15 years
- Theme: Malaysia, Truly Asia
- Venue: School canteen
- Time: 2.00 pm – 4.00 pm
- The winner takes home a brand new Nexus Fixie bicycle (worth RM799.00)

Visit our webpage at www.tdcyh.blogspot.my to register and to check for updates. Registration closes at 5.00 pm on the 1st of November. You may also email us at tdcyh2016@yahoo.com or call/SMS/WhatsApp Puan Zeti, the chairperson of the organising committee, at 011-2215-215.

Thank you for your support and may Taman Desa Cahaya remain a peaceful, secure and neighbourly community.

Tick (✓) the correct answer.

- (a) Your brother who is studying in Year 2 wants to take part in the Children's Day activities. He will have to register for the ...

Singing Competition	
Handicraft Design Contest	
Traditional Games Tournament	

[1 mark]

- (b) Each of the three activities being organised for Children's Day will last for ...

an hour	
two hours	
three hours	

[1 mark]

- (c) Match the phrase in **List A** to the suitable phrase in **List B**. One has been done for you.

List A	List B
There are four games in the	the most expensive prize.
Puan Zeti is the	traditional games tournament.
The winner of the handicraft design contest will get	in the school hall.
The singing competition will be held	chairperson of the organising committee.

[2 marks]

Write your answer in the space provided.

- (d) How are participants required to register for the Children's Day activities organised by Taman Desa Cahaya?

[2 marks]

- (e) John and Farhan are boys who love active sports. They are planning to take part in the Traditional Games Tournament. Which of the four games do you think they would choose?

[2 marks]

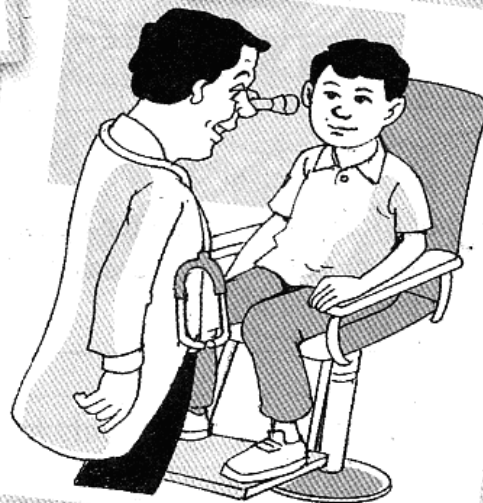
Questions 24 and 25

Study the poster given. Then, answer the questions that follow.

SIMPLE STEPS TO TAKE CARE OF OUR EYES

- Wear sunglasses and a hat on sunny days.
- Protect your eyes when you are playing games, especially during sports activities. Wear goggles when you go swimming. Put on helmets when you play baseball.
- Go for regular eye checks at the nearest hospital.
- Inform the optician if you cannot see clearly or experience sharp pain.
- Turn on the lights when it is dark, especially if you are reading.
- Do not strain your eyes in front of the computer screen for too long.
- Get enough sleep daily.
- Drink lots of water to prevent your eyes from getting dry.

Eyes are very important to us. We use them every day to carry out our activities. Therefore, we must look after them well.



Question 24

Tick (✓) the **correct** answer.

(a) Based on the poster, on sunny days we should _____.

go swimming	
wear sunglasses	
turn on the lights	

[1 mark]

(b) What should we do if we cannot see clearly?

Get enough sleep.	
Drink lots of water.	
Inform the optician.	

[1 mark]

Question 25

Write your answer in the space provided.

(a) We should avoid rubbing our eyes.

Do you agree?

Give your reason.

[2 marks]

(b) How do you take care of your eyes when you are using the computer?

[2 marks]

(c) Amy wants to start taking better care of her eyes.

Name **two** other steps that she can take.

(i) _____ [1 mark]

(ii) _____ [1 mark]

PENULISAN

SECTION A
[10 marks]

Study the poster below and use the information to complete the following text.

Healthy Living Campaign 'Eat More Fruits and Vegetables'

organised by the Consumers' Club of SJK(C) Sungai Pencala
5 May 2018
8.00 a.m. – 12.00 p.m.

All parents, teachers and students are invited to participate.

Activities include the following:

♥ Sale of local fruits, fresh from the farms

Durian	Papaya	Mango	Mangosteen	Banana
Guava	Coconut	Jackfruit	Pomelo	Dragon fruit
Pineapple	Watermelon			

♥ Sale of fresh and pesticide-free vegetables

Spinach	Cabbage	Broccoli	Watercress	Turnip
Carrot	Lady's finger	Tomato	Lettuce	Bitter gourd
Cucumber				

♥ Sale of vegetable seeds

♥ Sale of young fruit trees

♥ Sale of compost, flower pots, gardening tools

♥ Special talk on how to plant your own fruit trees and vegetables



Based on the poster, complete the dialogue below with the correct information.

En. Bakar : Hello, Mr Chong. Did you see the big poster put up outside our children's school yesterday?

Mr Chong : Oh yes, now I remember. I wanted to talk to you about it too. My daughter has asked me to make this Saturday free so that the whole family can attend the ' _____ ' organised by the school.
(1)

En. Bakar : My son has also told me that the campaign is to encourage people to _____ as a way to stay healthy.
(2)

Mr Chong : My wife and daughter will be happy when they see the fresh fruits on sale. They like durians very much.

En. Bakar : My wife will be delighted when she sees the fresh vegetables on sale. She and my son love salad. The _____ will be safe for consumption too.
(3)

Mr Chong : What fruits do you like, En. Bakar?

En. Bakar : Well, as a matter of fact, I like all kinds of fruits. Sometimes, I eat them fresh. At other times, I drink the juice.

Mr Chong : We can buy some _____ that will be on sale and plant our own fruit trees.
(4)

En. Bakar : That's a brilliant idea. And we can buy different _____ and grow our own vegetables.
(5)

Mr Chong : Yes, now this sounds so exciting.

[10 marks]

SECTION B
[15 marks]

B (i)

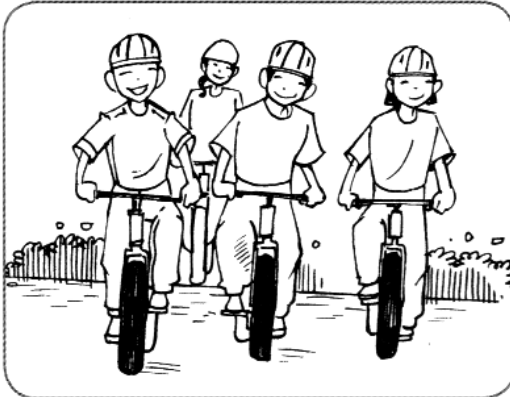
Study the pictures and the information given.

Teliti gambar-gambar dan maklumat yang diberikan.



Book Club

- read and discuss books; exchange books
- meet once a week for about an hour
- improve language skills
- take turns to host meeting in members' houses



Cycling Club

- stay healthy
- learn traffic rules
- cycle around the neighbourhood
- meet every Wednesday and Saturday for an hour



Craft Club

- learn to make objects from recyclable materials
- reduce waste
- meet once a fortnight
- learn a craft and save the environment

For each of the clubs mentioned above, list one advantage that you will gain by becoming a member.

	Name of Club	Advantage
i	Book Club	
ii	Cycling Club	
iii	Craft Club	

[3 marks]

B (ii)

Your best friend needs your advice to help him/her decide which club he/she should join. Write a message to your friend giving your opinion on which club he/she should choose. You may include details such as advantages, when they meet activities and any other useful information.

Your answer should be **between 50 to 80 words**.

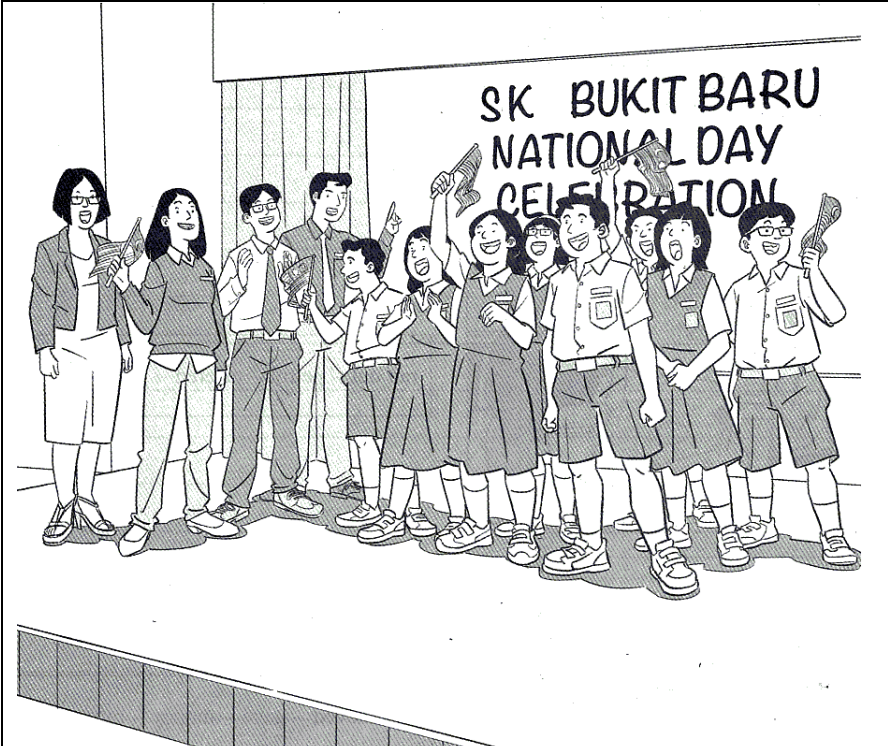
A large rectangular box with a thick black border, containing 25 horizontal lines for writing an answer. The lines are evenly spaced and extend across most of the width of the box, leaving a small margin on the left and right sides. The box is intended for the student to write their response to the question above.

Section C
(25 marks)

*This section consists of two questions. Answer **one question** only.*

QUESTION 1

Write a story based on the picture below. You may use the words given to help you.
Write your story **between 80 and 100 words**.

	celebrated hall anthem waved flags headmaster	speech show love country watched performances
---	--	--

OR

QUESTION 2

Write a story based on the given pictures. You **may** use the words given to help you. Write your story in the space provided. Your story should be between **80 and 100** words.

*Tulis sebuah cerita berdasarkan gambar-gambar di bawah. Kamu boleh menggunakan perkataan-perkataan yang diberikan untuk membantu kamu. Tulis cerita kamu di ruang yang disediakan. Panjangnya cerita kamu hendaklah antara **80 hingga 100** patah perkataan.*

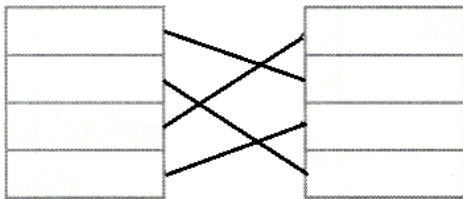
<p>Rachel – walking home – old man – cross – road</p>	<p>oncoming – car – did not see – quickly ran – pulled – away</p>
<p>luckily – not hurt – saved – life – thanked</p>	<p>held – hand – together – happy – good turn – on – day</p>

SUGGESTED ANSWERS

PEMAHAMAN 013

1A	2B	3D	4C	5D	6.D	7.B
8.A	9.B	10.B	11.D	12.A	13.D	14.C
15.C	16.A	17.C	18.D	19.C	20.B	

21. (a) My I help you, madam?
 (b) Sure, mum. I'll do it right now.
 (c) Hi, Jane. Yes, we have both been so busy lately.
22. (a) True
 (b) True
 (c) We must not take too much fat because it is bad for the heart.
 (d) A balanced diet contains the right food in the correct proportions.
 (e) We should take a balanced diet so that the body gets the right amount of vitamins, minerals and energy-giving nutrients to keep us healthy.
23. (a) Singing Competition
 (b) two hours
 (c)



- (d) Participants will have to visit Taman Desa Cahaya's webpage at www.tdcyh.blogspot.my and register online.
 (e) I think John and Farhan would choose top spinning and kite flying because these activities are suitable for boys who like active sports.
 (Accept any suitable answer)
24. (a) wear sunglasses
 (b) Inform the optician
25. (a) Yes, I agree that we should avoid rubbing our eyes because it may cause infection. Our hands are exposed to dirt and bacteria.
 (b) I will make sure not to strain my eyes in front of the computer screen for too long.
 (c) (i) Have a balanced diet
 (ii) Wash hands frequently

PENULISAN 014

(A)

1. Healthy Living Campaign
2. eat more fruits and vegetables
3. pesticide-free trees
4. young fruit trees
5. vegetable seeds

B (i)

- (i) improve language skills
- (ii) stay healthy / learn traffic rules
- (iii) learn to make objects from recyclable materials

B (ii) Message

From: Sushil

Date: 15 October 2018

To: Farhan

Dear Farhan,

I would suggest that you join the Cycling Club as you already have a bicycle that your father gave you as a birthday present last year.

Joining a club and going on bicycle rides with the members of your club twice a week would be a great way to exercise and stay healthy. It will also be a lot of fun. You and your friends can ride around the neighbourhood and get to know more people who live there.

Besides that, joining that club would also be a great way for you to learn about traffic rules and road safety. This is very important as our roads are very dangerous nowadays. I hope my advice will help you to make up your mind on which club to join.

Your friend,
Sushil

(C)

Question 1

Recently, the pupils of SK Bukit Baru celebrated National Day. They gathered in the school hall early in the morning. Then, they stood up straight and sang the national anthem proudly. They also sang the Jalur Gemilang song happily. Each of them waved small Malaysian flags while singing the song.

After that, the headmaster gave a speech about what Malaysians can do to show their love for the country. The head prefect recited a poem about independence.

Later, the pupils watched colourful cultural performances by the members of the Art Club. The pupils really enjoyed themselves on that day.

It was a memorable day for them.

One day, Rachel was walking home after school. There was an old man walking in front of her. The old man stopped at a junction and wanted to cross the road.

As he was crossing the road, Rachel saw an oncoming car. The old man did not see the car. Rachel quickly ran towards him and pulled him away from the road.

The car just passed by. Luckily both of them were not hurt. Rachel had saved the old man's life. The old man thanked Rachel gratefully.

Rachel then held his hand and they crossed the road together. Rachel was very happy that she had done a good deed on that day.

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