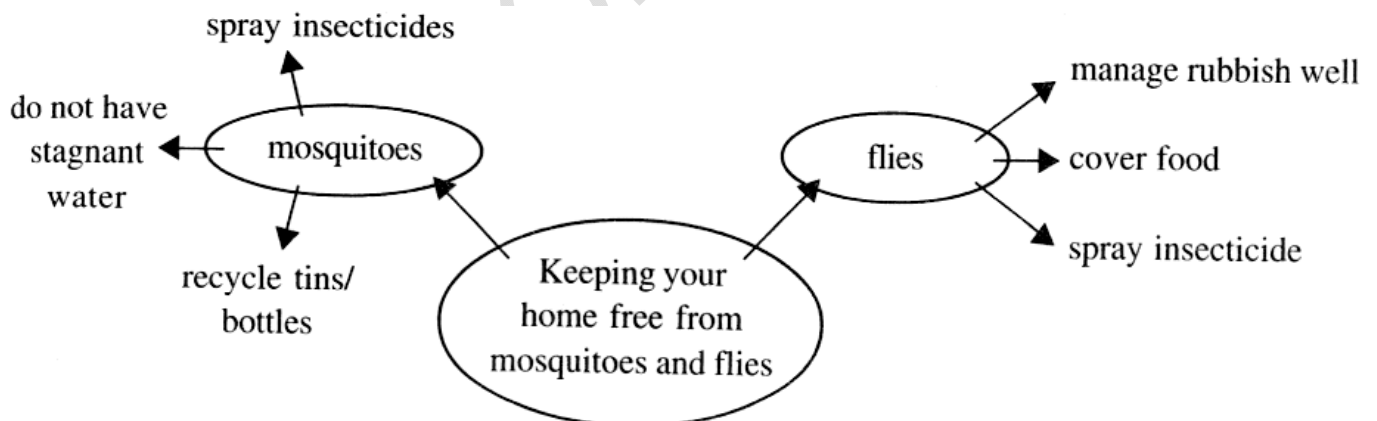


SPM 2018 BAHASA INGGERIS KERTAS 1 SPM EXAM TIPS (TAMBAHAN)

QUESTION 1

The number of cholera and dengue fever cases are on the rise. You are a health officer. You have been invited by a school to give a **speech on keeping your home free from mosquitoes and flies**. Use the mind map below to help you.



Write your talk.

- Use all the points given.
- Elaborate on the points.
- Add details to make your talk interesting.

A very good morning to the Principal, teachers and students of SMK Semarak Api. I, Jamal Abdullah from the Health Office, am very delighted to be here to talk to you on a very crucial issue. My talk is entitled "Keeping your home free from mosquitoes and flies".

As you all know, the number of patients down with cholera and dengue fever are rising rapidly. As such, the local health office is very concerned as we aspire to keep our residents safe from these fatal diseases.

For your information, cholera and dengue fever are due to insects. Cholera is due to flies while dengue fever is due to the Aedes mosquito. These insects are dangerous as they are vectors to these diseases. So, we have to keep our homes free from mosquitoes and flies.

Despite using numerous insecticide sprays and mosquito coils, the mosquitoes are never destroyed. In fact, their buzzing sound is a great source of irritation. What's more, they may be carriers for deadly diseases like dengue and malaria. The best way to keep mosquitoes at bay is to prevent them from breeding.

The female mosquitoes lay their eggs in clean, stagnant water. Hence, first and foremost, get rid of any receptacle that can contain water including rainwater. Recycle empty tins and bottles. Not only will you be saving the environment, you will also be getting rid of mosquitoes. Dispose tyres and broken pots as they can be excellent breeding grounds for mosquitoes. If you are storing water, ensure you cover the container well so that the mosquitoes cannot get in and breed. In addition, ensure your drains are not clogged. Clear your drains regularly to ensure that mosquitoes do not breed there. Mosquitoes are very active at dusk. So, spray your house with insecticide to kill the existing mosquitoes. When you sleep at night, light a mosquito coil. If possible use a mosquito net when you sleep. This will deter the mosquitoes from disturbing your deep slumber and feeding on your blood. These natural vampires may leave you sick with viruses.

Flies are common home pests that are attracted to rubbish. Thus, the key word here is cleanliness. Keep your home and surroundings clean. As mentioned before, flies settle on rubbish. They breed and multiply quickly. So, when you throw your rubbish, make sure that the dustbin is covered with a lid. This will deter flies. So, your house is quite safe from cholera. Also, keep your food covered. Flies have the tendency to settle on food and infect the food. This food is then consumed by us. As the food is infected, we will get ill. Remember, do not share your food with flies. In addition, when eating out, do not eat at roadside stalls. This is because these stalls do not have a proper rubbish disposal system. Instead, choose a restaurant that is clean and free from flies. Dine in comfort and enjoy your meal in the clean surroundings.

I hope that you realize from my talk that these two fatal diseases are caused by common home pests. So, ladies and gentlemen, as you all know 'prevention is better than cure'. Keep your home and environment pest-free. In this way, you are keeping cholera and dengue fever at bay.

Thank you

QUESTION 2

The country's hospitals are short of blood. All the government's attempts to encourage people to donate blood have not been successful. The Minister of Health has appealed to the people for suggestions on how to encourage the people to donate blood. You have a few ideas which you think will be very effective in encouraging the people to donate blood. Write a **letter** to the editor of a local newspaper to make known your suggestions. Make use of the points given below. You should use the **informal letter** format.

These are your suggestions in point form:

- Give blood donors free treatment at all government hospitals
- Give blood donors priority when they seek treatment at government hospitals
- Admit them to the First Class ward when they are hospitalised
- Give them an award after they have donated 25 times
- Pay blood donors for every donation

When writing the letter to the editor of the newspaper about your suggestions, you should remember to:

- write an informal letter using the correct informal letter format
- use all the points given
- elaborate on all the points

Subramaniam a/l Arokiasamy,
78, Lorong Titi Siam,
Teluk Wanjah,
05100-Alor Star.
6 MARCH 200_

The New Straits Times,
31, Jalan Riong,
59100 Kuala Lumpur.

Dear Editor,

I heard with concern the appeal of the Minister of Health on television last night asking for people to come forward to donate blood. Government hospitals all over the country are acutely short of blood but the government's attempts to make people come forward to donate blood has not been very successful. The Minister of Health has asked for suggestions so that the number of blood donors can be increased. I would like to make a few suggestions.

The first step the Health Ministry can take is to give free treatment to blood donors at all government hospitals. This is very attractive to blood donors who are not government servants. If they are hospitalised, they should be charged the same rate as government servants. This will encourage many people who are not government servants to donate blood. Blood donors should be given priority when they seek treatment at government hospitals. They should be allowed to see the doctors before all the other patients. In this way, they do

not have to wait for hours for treatment. This will be a very attractive deal for prospective blood donors.

To encourage people to become blood donors, those who donate blood should automatically be allowed to stay in the first-class ward whenever they are hospitalised. This will tell would-be blood donors that the government appreciates what they are doing. Another thing the government can do to encourage people to donate blood is to give blood donors some sort of award for public service. The award can be given by the Ministry of Health or by the Sultans or Menteri Besar on state occasions. The award can be 'Pingat Jasa Kepada Masyarakat' or 'Service to the Community Award'.

If all the above methods still do not work, the last resort is to pay for every blood donation. Although it is morally bad, money is the greatest motivator and hospitals would be flooded with donors. Many countries are already doing this. The biggest drawback is this will create a group of people who are professional blood donors. This means a certain group of people would then seek a living by donating blood. Many of them are drug addicts and many of them have diseases like AIDS. Patients who are transfused with their blood are put in very great danger. So, paying for blood donations is not a very good idea.

The above are my suggestions for encouraging people to donate blood. I hope the government will find them useful.

Yours sincerely,
Subramaniam

3. Describe a place which you usually visit on holiday, and explain why you enjoy going there.

I love going to Penang because it is so unlike my hometown Seremban. While Seremban is low-lying, being situated in a valley about an hour's drive from the sea, Penang is an island that offers visitors many attractions.

First, there is Penang Hill. No trip to Penang is complete without going up to the highest point of the island by tram. It's an exciting ride, as I can see "monkeys on both sides as the tram struggles to go up.

When I reach the peak, my heart beats wildly in anticipation of the awesome view I will get of the Straits of Malacca. The ships in the horizon seem to be moving so slowly and the water is such an inviting blue that I often feel like leaping into it!

By night, the view is even more spectacular because you can see all the city lights twinkling below you - I can still remember the first time my uncle and aunt brought me up there after a marvellous dinner at one of Penang's famous hawker centres — I just didn't want to leave because it was so breathtaking.

Another attraction that Penang holds for me is its beaches of golden sand, fringed by coconut trees. While I love wandering along Batu Feringgi beach, I must confess that my favourite beach is less well-known. On every visit, I really look forward to sunbathing on the isolated beach near my uncle and aunt's home. Aunt Rosie loves spoiling me, so within hours

of my arrival, I am basking in the sun sipping her delicious ice-cold lemonade under the shade of the old angšana tree at the back of the house.

Another place in Penang which I find irresistible is the Botanical Gardens. Though I enjoy admiring the colours and smells of the various flowers and plants, I much prefer seeing the chattering monkeys of which the Gardens are full. They are so tame that all the visitors are unafraid of them and quickly get used to seeing them wander freely all over the place. However, these monkeys pale in interest compared to the snakes of the famous Snake Temple of Penang. Unlike Indiana Jones, I find reptiles fascinating so I go there whenever I get a chance. Most of the time, I have to go there alone, as my uncle and aunt are not too fond of snakes. But I find watching the snakes a real treat as they lazily entwine themselves round the twigs and branches of the plants within the temple grounds.

Finally, I love Penang because it is the home of Uncle Tim and Aunt Rosia. They always look forward to my visits, just as much as I long to go there after a long hard year of school. They are marvellous hosts and know when to entertain me and when to leave me alone. They let me wander round the streets of Penang without worrying about me too much; something that my over-protective mother never lets me do in Seremban.

4. My Dream Job

All that we have achieved in life are dreams that we have made a reality. Dreams are powerful and are bursting with potential. Without dreams there would be nothing to work towards and nothing to keep us going in life.

My dream is to help people who are suffering and less fortunate than I. I want to become a travelling nurse. I believe that life is all about finding yourself. I never really knew what that meant until I finally realised what I wanted to do for the rest of my life. I think once you find what you are good at you can succeed with just a little effort. I believe that I work well with others and I have compassion for those that are in need of care or affection. I always knew I wanted to make a difference in peoples' lives, but I just didn't know in what way or form.

I am currently a patient care associate and I have had enough practice to know that I want to work in healthcare. My mother has been a trauma and intensive care nurse for twenty-five years now. She has been an inspiration to me and has helped me make these choices in my life. I'll never forget some of the stories she used to tell me. One story in particular really stood out, she delivered a baby in the dark with limited supplies, up in the mountains of the Philippines. She was still in nursing school but, they needed her and she went right in there. It just proved to me the dedication she handing doing such a courageous procedure.

The reason I want to become a travelling nurse is because I love to travel, it has been a passion of mine since my first trip to the Philippines when I was thirteen years old. There I was able to experience what it's like to live in a third world country. It is very heartbreaking to see people existing like this.

All I wanted to do was help each and every one of them. I know now that's not possible but I want to do my part by helping as many people as I can. Once I become an experienced nurse I was thinking about joining the Peace Corps for two years so that I can help people all over the world.

All in all, becoming a travelling nurse is my ultimate dream because in this world we live in, I want to be apart of the solution not the problem. I am the type of person that hurts when they see someone hurting. When I know that I have made a difference in someone's life, I am fulfilled. I would feel so strongly about this is because of my mother she has saved many people's lives and she is my role model. It would be my ultimate dream to make her proud and be a nurse just like her one day.

5. A Pleasant Dream - If I were a Multi millionaire

Money is only a means and not an end in itself. But some people begin to consider it the end of all activities. Then it becomes the master of their thoughts and actions. Such people are very selfish. They never think of the good of others. I had always wished for a large amount of money so that I may use it not only for my own personal good, but also for the welfare of the public. I have many own plans for using such a huge amount but I cannot put them into practice as I have no money.

Once I dreamed that a rich relative had died and left me all his wealth. In the way, I had at once become multimillionaire. I then dreamed that I was using this money according to my schemes of social welfare. In my town there is not facility for medical education. Nor are there adequate facilities for the treatment of the sick. My first act of public good, which I dreamed, was to provide a medical college and a first class public hospital for the free treatment of the poor. I dreamed that the college and the hospital founded by me were a model for the whole-country.

Ignorance is the root cause of all social evils. Next good thing which I dreamed of was that I opened more schools to remove illiteracy. beside general education, provision was also made for technical education. I also dreamed, that all these institutions were well managed and well maintained.

In my town there is no arrangement for the bringing up of young orphans. Many widows are also thrown on the streets by the bad treatment of their relatives. Their lives become wretched. Similarly, many old, crippled and sick persons do not have anybody to look after them. I dreamed that I established separate homes for the orphans, the widows, and the disabled. I dreamed that this freed my town from various social activities.

In winter, I often see the poor shivering with cold. They don't have woollen clothes. It is all due to their poverty. In my dream I made arrangement for the free distribution of blankets, quilts, jackets, etc, to the needy and the poor.

According to the good, old tradition of my country, in my dream I also decided to get constructed a 'Dharmashala'. Persons coming from outside would find shelter in it. Marriage parties would also find a good place to stay in. Beside this, I decided to make arrangements for a good 'Gausahla' also.

My dream of improving the conditions of my locality and helping the poor didn't end with the above programme. Anybody coming to my door in search of food was not to go

away disappointed. Food and food grains were to be given daily to the poor and the hungry. In my dream, I decided to try my best to help every individual who was in trouble.

This is the most pleasant dream that I have ever dreamed in my life. By God's grace and by the good wishes of the people, if ever I become a multi-millionaire, or happen to be fortunate enough to get a legacy of few cores of rupees, I will spend it in the manner mentioned above.

6. What are the benefits of having grandparents?

Grandparents are one of the most beautiful gifts in our lives. Most of them are eager to embrace their role and share their love with the little ones. There are many advantages for all when grandparents come to stay with their children and grandchildren.

In families where both parents are too busy to give adequate love and attention to the children, grandparents are the ones who fulfil these needs. It seems that they have all the love, affection and warmth in the world stored within them. They are very nurturing with their grandchildren and can bring their previous parenting experience to help them bond with their descendants. Grandparents love spending time with their grandchildren, especially since they are retired and do not have to rush around to make a living. Doing activities together helps to strengthen the bond between grandparents and grandchildren.

Years of hardship and life experience have enriched grandparents' minds, which they use it to their advantage when giving advice to their grandchildren. Not all grandparents possess encyclopaedic knowledge, but they what they can teach their grandchildren is not taught in any of the schools out there. While some parents may not be able to communicate effectively with their children, grandparents will always be able to influence their grandchildren based on their authority in the family and also the valuable life skills they have.

Other than that, grandparents hold the keys to a family's history. They are the ones who planted the roots of the family tree years ago. Grandchildren often find it fascinating to learn how their family was formed. Most grandparents suffered a lot of hardship in their youth due to wars. They are the ones who lived through the period of history which students read in textbooks. Grandchildren are often interested in hearing about their grandparents' history from a first-person perspective. It reduces the generation gap between them, gives them a sense of identity and teaches them not to take things for granted.

In families where change have taken place between members such as deaths, divorces or remarriages, having grandparents around can be a form of stability to the grandchildren. Some grandchildren find it easier to open up about their emotions regarding the changes to their grandparents instead of talking to their siblings, peers or counsellors. They are the ones who can help to maintain a good family relationship.

In conclusion, having grandparents is very beneficial for all parties involved which are the grandchildren, parents and grandparents. Having the presence of such loving individuals will no doubt double the joy in a family to nurture happy and healthy children.

7. Ways of improving discipline in schools

Nowadays, many people complain about the lack of discipline in schools. As we leaf through the newspapers. We often read about gang lights in schools, smoking among students, truancy and vandalism of school property

One of the ways of eradicating problems related to bad discipline in schools is to counsel problem students who create disciplinary problems such as habitual truancy, dropping out of school or bullying. By counselling these troubled students regularly, experienced counsellors can encourage them to air their troubles and can then get to the root of the problem.

Most of these students are emotionally unbalanced and have low self-confidence. By helping them recover their self-esteem, and their self-worth, the counsellors play an important role in helping in helping them become more emotionally stable. Thus, they will be able to see things from a more disciplined and mature perspective.

For students who are more 'hard core', school rules should tightened and strictly enforced to curb bad behavior in schools. Anyone caught committing serious fences such as vandalism, extortion and arson should be given severe warnings and be put under surveillance. If this does not curb an incorrigible student from extorting from younger students or wrecking school property, expulsion from the school is necessary. This will serve as a reminder to other students that such serious misdemeanours will bring about dire punishment.

Another way of decreasing disciplinary problems is to encourage participation in extra-curricular activities. This will ensure that free time after school is well-used by students. Through participating in sports activities, clubs and societies, they gain a sense of togetherness and learn good moral values such as cooperation, honesty, leadership und independence. This in turn means they will be more disciplined, take pride in their school and not cause disciplinary problems.

Lastly, parental participation should be encouraged as parents are the ones who know their children well. School authorities should work together with the parents as much as possible to help improve the students' behavior. Parents should spend more time with their children to instil in them good moral values and a strong sense of self-worth. As students spend most of their time in school and at home, teachers and parents can influence them for good or bad, so it is essential that these two adult groups are themselves good role models.

If all these steps are implemented firmly and fairly, no problems of discipline should arise. As such, the school can be a safe and conducive place for learning and students can thrive in such an environment.

8. What are the qualities which an ideal student should have? Discuss.

Students of today are the leaders of tomorrow. Therefore, it is vital to educate budding young minds so that they can one day become the pillars of the nation. At the same time, they should take it upon themselves to uphold the glory of our country by being an ideal student. What are the qualities which an ideal student should have?

Firstly, an ideal student should be responsible. This refers to the ability to think before making any decisions or taking any actions, as well as being accountable for the results of one's actions. The ideal student should be attentive to the duties given to him or her and carry it out to the best of his or her ability. In addition, the ideal student does not waste time, but plans and manages his or her time well.

Next, the ideal student should be willing to learn. He or she should always have a thirst for knowledge and a desire to experiment and explore. This is not limited to studying textbooks and doing research on the Internet. Students should hone their skills in this regard by participating in debates, talks, seminars and so on. They should also broaden their minds by exchanging opinions with those around them to gain new perspectives on things.

Aside from that, participating in extra-curricular activities should be one of the qualities of an ideal student. As the saying goes, "All work and no play makes Jack a dull boy." Taking part in sports and games is a good way to build one's character. Not only does it benefit one's health, students will also learn values such as teamwork, sportsmanship and discipline. All of these are important to nurture an ideal student.

Not only that, the ideal student should possess good moral values too such as having a sense of right and wrong. He or she abides by the rules and regulations of one's educational institution. The ideal student also obeys the laws of the country and stays away from wrongdoings such as vandalism and drug abuse.

All in all, the ideal student should be well-rounded in both academics and extra-curricular activities, and possess strong moral values on top of having a responsible attitude. With these in hand, no doubt he or she will be a trailblazer in the future.