Question: **Taking part in extra-curricular activities is a waste of time. Do you agree?**

**Introduction**
- Extra – curricular activities are non-academic activities conducted outside the classroom.
- More commonly abbreviated to ECAs, cover a wide range of activities, from sports to athletics to uniformed societies.
- Some people feel that taking part in extra-curricular activities is a waste of time.
- There are many advantages in participating in these activities.

**Main Body**

a) Firstly, uniformed societies like Girl Guides, Boy Scouts and the Red Crescent society teach their members basic survival skills.
   - Enables members to be prepared for any though situation.
   - Uniformed organizations contribute a lot to society each year through donations and social work.
   - Active in these societies learn to be caring and helpful towards others.
   - Societies like the Red Crescent Society and St John’s ambulance teach their members first – aid.
   - Can come in handy when someone is injured and requires immediate medical attention.

b) Through group activities, members learn to respect and cooperate with each other.
   - Also given a chance to head an activity or a group project.
   - Ensure that their leadership skill are honed.
   - Leadership skills are important after one leaves school and start working because one is then equipped to deal with different types of people.

c) Besides the uniformed societies, students can choose whatever club or society they are interested in.
   - Societies such as the Drama Club or the Maths Club.
   - Enchase their members’ ability in those particular fields.
   - Doing well in ECAs.
   - Show their potential employers.
   - They have extra abilities acquired outside the classroom.

d) Sports also instills discipline in a student.
   - Who take part in sports have to stick to a daily timetable and watch what they eat.
   - Students are required to listen to their coaches or risk getting injured.
   - More self-discipline and perseverance.

e) In fact, sport and other ECAs help to develop a strong character.
   - Promote basic moral values.
   - Instill discipline.
   - Independence.
   - Respect for fear and elders.
   - Learnt from any textbook.

**Conclusion**
I conclude by decisively saying that taking part in extra – curricular activities is not a waste of time.